

# 1 in 4

children are at risk  
for hunger.



**Backpack Program provides food to hundreds of children every week. Items needed:**

- Oatmeal packets
- Crackers (with peanut butter, cheese)
- Popcorn
- Pop-top soup
- Mac-n-cheese packets
- Pudding/Jello cups
- Gummy fruit snacks
- Chef Boyardee
- Granola bars
- Cheez-its
- Individual bags of chips
- Juice boxes/Capri Sun



For more information about the feeding programs of Lutheran Social Services, please visit:  
[www.lssjax.org](http://www.lssjax.org).